

MEASLES

Burbank Middle School

FEBRUARY 2025



MEASLES (RUBEOLA)

Measle virus outbreaks are currently on the rise with Texas leading the nation with most reported cases in the nation (93 as of 02/25/2025 with 2 cases reported in Houston, TX). Measles are HIGHLY contagious and can cause serious health complications (especially to children 5 years and younger).

The best protection against measles is measles, mumps, and rubella (MMR) vaccine. MMR vaccine provides long-lasting protection against all strains of measles.

Signs & Symptoms:

Measles symptoms can appear 7 to 14 days after contact with the virus. Common measles symptoms include:

- High fever (may spike to more than 104° F)
- Cough
- Runny nose (coryza)
- Red, watery eyes ([conjunctivitis](#))

How It Spreads: Airborne (spreads through the air from a cough or sneeze usually)

Prevention: with 2 doses of the Measles, Mumps and Rubella (MMR) vaccine; PPE (respirator recommended); hand washing

References: CDC

BURBANK MS IMMUNIZATION STATS:

21 out of 1393 students are in 'delinquent' status in regard to their MMR vaccine

CLINIC INFORMATION:

Nurse: Lindsey Miller, BSN RN

Email: lindsey.miller@houstonisd.org

Extension: 043102

Clinic Hours: 08:20AM-4:00PM daily

Clinic Closed Daily from: 12:45PM-1:15PM (Nurse Lunch)

Clinic Closed Daily from 3:00PM-4:00PM (Nurse Prep) *Emergencies ONLY*

EVERY TUESDAY: Clinic Opens after 11:00 AM as the school Nurse is off campus for mandatory nurse education courses that all HISD nurses attend

What does it look like?



Have More Questions about Measles??

[CLICK HERE](#)

